

<p><b>Tuesday, January 9</b>  <b>10:30 a.m.</b>  <b>Extension Office</b></p>	<p><b>Consumer Beware</b>  Attorney General, Andy Beshear will be our guest speaker discussing trends and scams targeting consumers.  <a href="#">Pre-registration is requested by contacting the Extension Office.</a></p>	<p><i>Session hosted by Meade County Extension Homemakers and Meade County Family and Consumer Sciences program.</i></p>
<p><b>Thursdays, January 11, 18, and Tuesday, January 23</b>  <b>6:00 p.m.</b>  <b>Extension Office</b></p>	<p><b>Beginning Sewing Series</b>  This series will cover the basics of sewing and includes learning how to use a sewing machine, cutting out a pattern and actual construction. <a href="#">Class size is limited to 10.</a> Contact the Extension Office to register.</p>	<p><i>Marilyn Craycroft will be the instructor for these sessions.</i></p>
<p><b>Thursday, January 18</b>  <b>(2 sessions)</b>  <a href="#">Flaherty Elementary School 10:00a.m. to 11:00a.m.</a>  <b>OR</b>  <a href="#">David T Wilson Elementary School 6:30p.m. to 7:30p.m.</a></p>	<p><b>Move Your Family Toward Financial Wellness</b>  Finances can be a BIG outside influence on parenting and your family's life. Please join us for an informative session on how you can balance money and family life to help relieve stress in the New Year.   <a href="#">If you plan to attend or have any questions, please contact Sidney Durham, KERA lot III FRC at 270-422-7569 and let her know which session you plan on attending.</a></p>	<p><i>Jennifer Bridge, Extension Agent for Family and Consumer Sciences Education will be presenting.</i></p>
<p><b>Tuesdays, January 16, 23, 30 and February 6 and 13</b>  <b>3:00p.m. to 5:00p.m.</b>  <b>Extension Office</b></p>	<p><b>Estate Planning</b>  This series will cover basics of estate planning and what you need to know to preserve and designate assets. You can attend one or all of the sessions. Each session will focus on a different topic.   <a href="#">Pre-registration is requested by contacting the Extension Office.</a></p>	<p><i>Sessions being sponsored by Meade County Extension Office.</i></p>
<p><b>Tuesday, January 16</b>  <b>1:00p.m. or 6:00 p.m.</b>  <b>Extension Office</b></p>	<p><b>Using An Air Fryer</b>  This hot gadget yields some great health benefits. This class will cover basics and offer some great recipes to enhance meal time preparation.  <a href="#">Pre-registration is requested by contacting the Extension Office.</a></p>	<p><i>Jennifer Bridge, Extension Agent for Family and Consumer Sciences Education will be presenting.</i></p>
<p><b>Tuesday, January 30</b>  <b>11:00a.m. or 6:00p.m.</b>  <b>Extension Office</b></p>	<p><b>Electric Pressure Cooker a/k/a Insta Pot</b>  Class will focus on the use of this handy invention to prepare delicious food in a fraction of the time used to prepare a traditional meal.   <a href="#">Pre-registration is requested by contacting the Extension Office.</a></p>	<p><i>Jennifer Bridge, Extension Agent for Family and Consumer Sciences Education will be presenting.</i></p>