

## Saturday, September 16, 2023

**Roberts Family Farm** 

125 Kennedy Rd, Guston, KY, 40142

Applications can be picked up at the Meade County Extension Office or accessed at: meade.ca.uky.edu

Sponsors: Cox's Variety & Garden Center





College of Agriculture, Food and Environment Cooperative Extension Service Contact: Kevin Stith (270)-945-6702 Meade County Cattlemen's Association Andy Mills (270)-422-4958 Meade County Extension Service Return applications to the Meade County Extension Office by September 13, 2023 located at 1041 Old Ekron Rd, Brandenburg, KY 40108

## MEADE COUNTY CATTLEMEN'S BEEF GRILL OFF

## **Rules:**

- 1. Teams will consist of two to four participants and a grillmaster must be designated.
- 2. All contestants must be at least 16 years of age unless accompanied by a parent or guardian.
- 3. All teams must submit a completed entry application by September 13. Entry fee is free.
- 4. There will be a meeting at 10:00 a.m. to go over rules and distribute steaks and team numbers.
- 5. Steak judging will take place at 2:00 pm. Judging will be staggered in 8 minute intervals based on team number.
- 6. Each team must have a working fire extinguisher in their grilling area.
- 7. Each team will be assigned a cooking space.
- 8. Size 12' x 20' approximate booth size and teams are responsible for own canopy or cover if desired. Set up will be outside and possibly unshaded.
- 9. All teams must provide grilling equipment and grills, utensils, coolers, and supplies to prepare meat.
- 10. Charcoal, gas, pellet, griddle, smoker, or wood grill.
- 11. Meade County Cattlemen's Association will provide two 10-12 ounce ribeye steaks per team.
- 12. No other beef to be present other than the ribeyes provided. If any other beef is found, team will be disqualified. (Other than cook participants)
- 13. Cooking teams will provide any seasonings, juices, or rubs.
- 14. Steaks should be cooked to a minimum of 145 degrees or medium rare degree of doneness.
- 15. Grilled side dish required—Must be cooked on the grill prepared on site and served alongside steak.
- 16. Grilled dessert optional— Must be cooked on the grill prepared on site and served alongside steak.
- 17. Food safety handling and guidelines must be followed.
- 18. Meade County Cattlemen's Association will provide clam-shell plates for presentation with team number.
- 19. Grillmaster is responsible for conduct of team. Unacceptable conduct will be grounds for disqualification. Area will be cleaned and approved by committee member before leaving.

## New this year—Long Cook Chuck Roast

- 1. Those competing need to be on the premises and set up by 9:00 a.m.
- 2. Participant provides their own chuck roast that should weigh between 4-7 lbs.
- 3. Chuck Roast must be sealed and will be inspected before cooking begins.
- 4. All finished chucks will be turned in after the steak, side, and dessert judging at one time.
- 5. Turn in time to be determined the morning of the competition.

Sponsors:

Cox's Variety





| Meade County Cattlemen's<br>Beef Cook Off   |  |
|---|--|
|   |  |
| Grillmaster/KeyContact:   |  |
| Phone Number:   |  |
| Email:  |  |
| Address:  |  |
| Contact: Kevin Stith (270)-945-6702 Me<br>Andy Mills (270)-422-4958 Mead<br>Return applications to the Mead<br>September<br>located at 1041 Old Ekron R | le County Extension Service<br>de County Extension Office by<br>· 13, 2023 |